

Lhagsam Tibetan Meditation

Safety Concept for activities at Lhagsam center

Version: 24.06.2021

Responsible: Maria Trottmann



Safety Concept for activities at Lhagsam center

In accordance with cantonal and federal regulations, the Lhagsam Board has decided to reopen Lhagsam Center for on-site activities. The following policies have been put in place in order to protect participants and enable a safe and relaxed framework. They apply until revoked to all those visiting the center.

1. Registration

All on-site participants must register with name, email address and phone number. If requested, Lhagsam must provide this information to health authorities.

2. Only attend if symptom free

If you have symptoms of illness such as flu, fever or cough, please don't attend activities at the center.

3. Air and hygiene

All rooms must be frequently aired. Hand sanitizer is provided at the entrance.

4. Test and inform

If you think you might have contracted the virus and attended the center, please test yourself immediately and inform Lhagsam in case of a positive test result. You won't be blamed - we can all work together to contain the spread of the virus.

Thank you for your understanding – may all beings be healthy and happy.

Zurich, 24. Juni 2021

Lhagsam Board