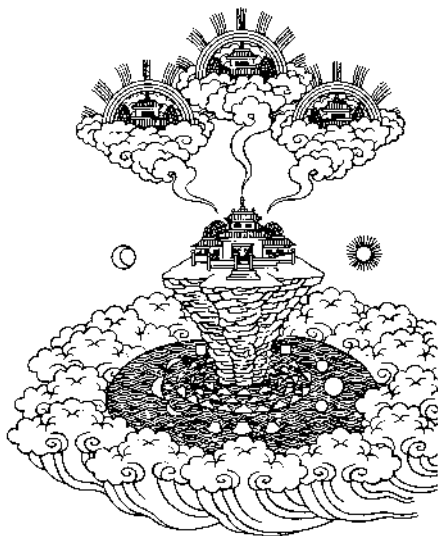


How to offer the **LONG MANDALA**



Langri Tangpa Centre
August 2004

DIAGRAM OF THE MANDALA WORLD SYSTEM

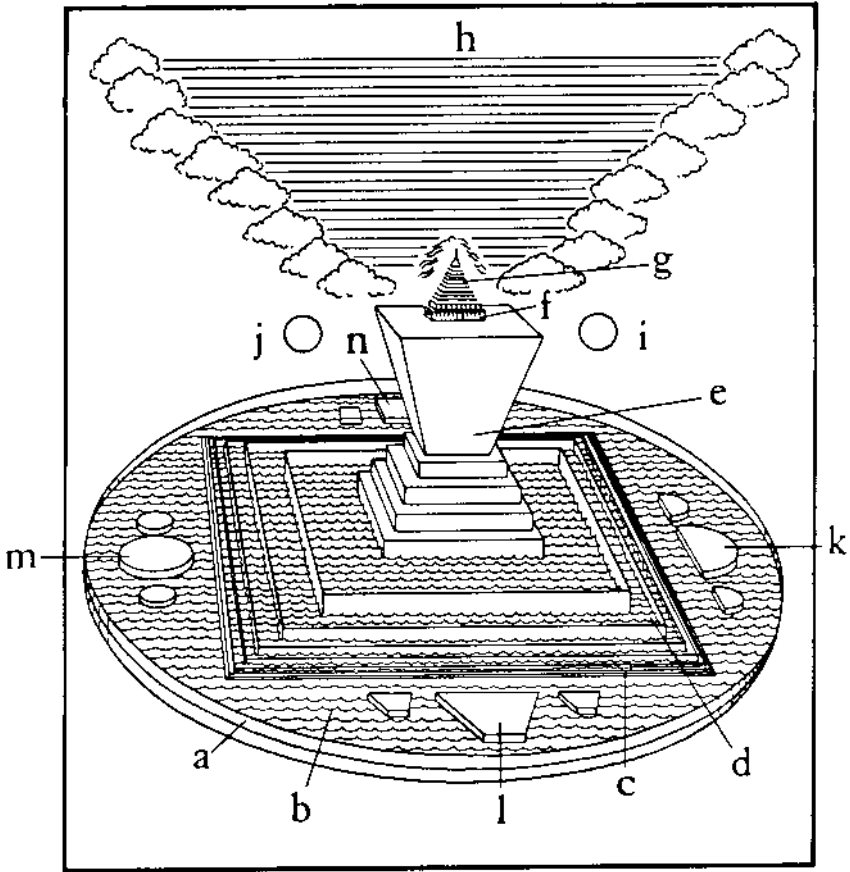
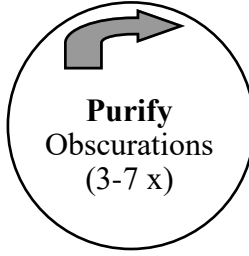
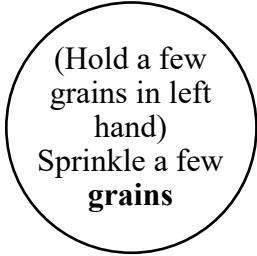


Fig. 2. Traditional depiction of the main features of the Ideal Universe.

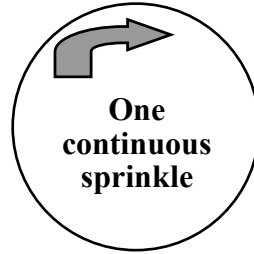
- | | |
|-----------------------------|-------------------------------|
| a. iron mountain | h. deva-realms |
| b. ocean | i. sun |
| c. seven rings of mountains | j. moon |
| d. seven lakes | k. Videha and satellites |
| e. Mt. Meru | l. Jambudvipa and satellites |
| f. city of Vishnu | m. Godaniya and satellites |
| g. Indra's palace | n. Uttara-Kuru and satellites |

MANDALA OF 37 HEAPS

PREPARING THE BASE:

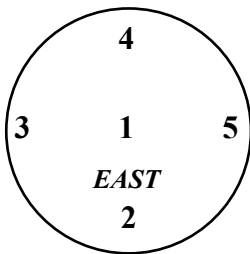


Vajra Ground



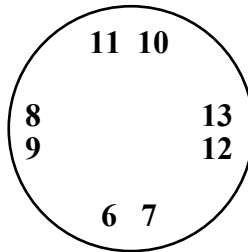
Vajra Fence

LARGE RING:

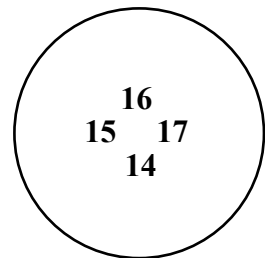


Four Continents

- E) Noble Figure
- S) Jambu Island
- W) Enjoyment of Cattle
- N) Kuru Sound

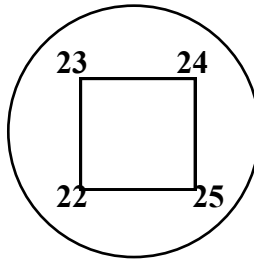
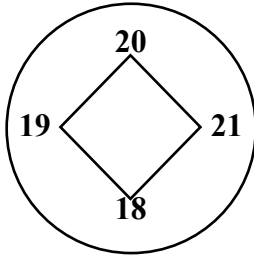


Eight Sub-Continents



Four Precious Things

- 14) Mountain of Jewels
- 15) Wish-granting Tree
- 16) Wish-fulfilling Cow
- 17) Unploughed Harvest

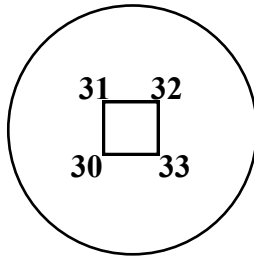
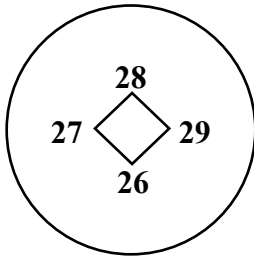


7 Precious Emblems

- 1) Wheel
- 2) Jewel
- 3) Queen
- 4) Minister
- 5) Elephant
- 6) Horse
- 7) General

...& Precious Vase

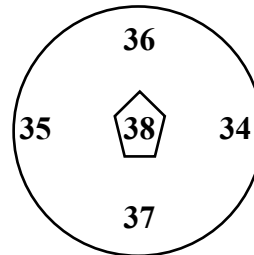
MIDDLE RING:



8 Goddesses

- 1) Beauty
- 2) Garlands
- 3) Song
- 4) Dance
- 5) Flowers
- 6) Incense
- 7) Light
- 8) Perfume

SMALL RING:



- 34) Sun
- 35) Moon

- 36) Umbrella
- 37) Victory Banner

- 38) All the Riches of Gods & Humans

37 HEAP MANDALA (GURU PUJA)

OM vajra bhumi **AH HUM**
 Wang.chen ser.gyi sa.zhi
OM vajra rekhe **AH HUM**
 chi chag.ri kor.yug.gi

- 1 kor.wai u.su
ri gyäl.po ri.rab
- 2 shar lu.pag.po
- 3 lho dzam.bu.ling
- 4 nub ba.lang.chö
- 5 jang dra.mi.nyen

6&7 lu.dang lu.pag

8&9 nga.yab.dang nga.yab zhen

10&11 yo.dang dang.lam chog.dro

12 dra.mi.nyan.dang

13 dra.mi.nyan gyi.da

14 rin.po.che ri.wo

15 pag sam.gyi shing

16 do.jö ba

17 ma.mo.pa.yi lo.tog

18 kor.lo rin.po.che

19 nor.bu rin.po.che

20 tsun.mo rin.po.che

21 lön.po rin.po.che

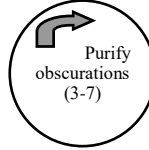
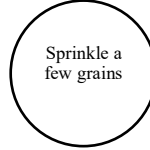
22 lang.po rin.po.che

23 ta.chog rin.po.che

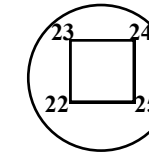
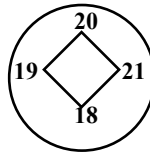
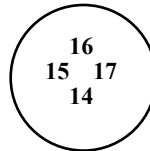
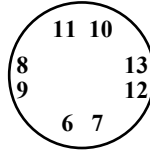
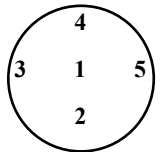
24 mag.pön rin.po.che

25 ter.chen.pö.yi bum.pa

PREPARATION:

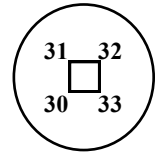
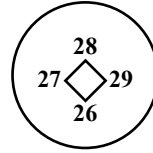


LARGE RING:



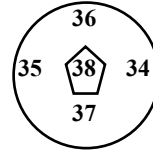
MIDDLE RING:

- 26&27 geg.ma/ treng.wa.ma
 28&29 lu.ma/ gar.ma
 30&31 me.tog.ma/ dug.po.ma
 32&33 nang.säl.ma/ dri.chab.ma



- 34&35 nyi.ma da.wa
 36 rin.po.che dug
 37 chog.la nam.par
 gyäl.wa gyal.tsen

TOP RING:



- 38 u.su lha.dang mi.yi päl.jor
 pun.sum tsog.pa
 ma.tsang.wa me.pa
 tzang.zhing yi.du ong.wa
 di.dag dring.chen tsa.wa
 dang.gyur.par

che.pay päl.den la.ma dam.pa
 nam.dang kyä.par du.yang *la.ma*
lo.zang thub wang dor.je chang
 chen.poi lha.tshog khor.dang chä.pä
 nam.la zhing.kam ul.war gyio

tug.je dro.we dön.du zhe.su söl
 zhe.ne kyang dag.sog dro.wa
 mar.gyur nam.ke
 ta.dang nyam.pe
 sem.chan tam.che.la
 tug.tse.wa chen.pö go.ne
 jin.gyi lab.tu söl

37 HEAP MANDALA OFFERING

	OM vajra bhumi AH HUM Wang.chen ser.gyi sa.zhi	OM vajra ground AH HUM , Mighty golden ground.
	OM vajra rekhe AH HUM chi chag.ri kor.yug.gi	OM vajra fence AH HUM , The iron fence around the edge.
1	kor.wai u.su	In the centre is Mount Meru,
	ri gyäl.po ri.rab	The king of Mountains,
2	shar lu.pag.po	In the east the continent of Lupapo,
3	lho dzam.bu.ling	In the south Dzambuling,
4	nub ba.lang.chö	In the west Balangcho,
5	jang dra.mi.nyen	In the north Draminyan.
6&7	lu.dang lu.pag	In the east are the sub-continents Lu
8&9	nga.yab.dang nga.yab zhen	and Lupang, in the south Ngayab and
10&11	yo.dang dang.lam chog.dro	Nyayab-zhan, in the west Yodan and
12	dra.mi.nyan.dang	Lamchog-dro, in the north
13	dra.mi.nyan gyi.da	Draminyan and Draminyan-gyida.
14	rin.po.che ri.wo	Here are the precious mountain,
15	pag sam.gyi shing	The wish-granting tree,
16	do.jö ba	The wish-fulfilling-cow,
17	ma.mo.pa.yi lo.tog	The unploughed harvest.
18	kor.lo rin.po.che	Here is the precious wheel,
19	nor.bu rin.po.che	The precious jewel,
20	tsun.mo rin.po.che	The precious queen,
21	lön.po rin.po.che	The precious minister,
22	lang.po rin.po.che	The precious elephant,
23	ta.chog rin.po.che	The precious horse,
24	mag.pön rin.po.che	The precious general,
25	ter.chen.pö.yi bum.pa	The great treasure vase.
26	geg.ma	Here are the goddess of beauty,
27	treng.wa.ma	The goddess of garlands,
28	lu.ma	The goddess of song,
29	gar.ma	The goddess of dance,
30	me.tog.ma	The goddess of flowers,
31	dug.po.ma	The goddess of incense,
32	nang.säl.ma	The goddess of light,
33	dri.chab.ma	The goddess of perfume.

- 34&35 nyi.ma da.wa
 36 rin.po.che dug
 37 chog.la nam.par
 gyäl.wa gyal.tsen
- 38 u.su lha.dang mi.yi
 pä.l.jor pun.sum tsog.pa
 ma.tsang.wa me.pa
 tzang.zhing yi.du ong.wa
 di.dag dring.chen tsa.wa
 dang.gyur.par
- che.pay pä.l.den la.ma dam.pa
 nam.dang kyä.par du.yang
la.ma lo.zang thub wang
dor.je chang chen.poi lha.
 tshog khor.dang chä.pä
 nam.la zhing.kam ul.war gyio
- tug.je dro.we dön.du
 zhe.su sö
 zhe.ne kyang.dag.sog dro.wa
 mar.gyur nam.ke
 ta.dang nyam.pe
 sem.chan tam.che.la
 tug.tse.wa chen.pö go.ne
 jin.gyi lab.tu sö
- Here are the sun, the moon,
 The precious parasol,
 The banner of victory in all
 directions.
- In the centre are the most perfect
 riches of gods and humans, with
 nothing missing, pure and delightful.
- To my glorious, holy and most kind
 root Guru, the lineage Gurus, **Lama
 Lozang Thubwang Dorje Chang and
 the entire assembly,**
 I offer these as a Buddha-field.
- Please accept them with compassion,
 for the sake of migrating beings.
 Having accepted them, please bestow
 on me and on mother sentient beings,
 abiding as far as the limits of space,
 your inspiration with loving
 compassion.

SHORT MANDALA OFFERING

sa.zhi pö.kyi j'uk.shing
 me.tok tram
 ri.rap ling.zhi nyi.dä
 gyän.pa di
 sang.gyä zhing.d'u mik.te
 ül.war gyi
 dro.kün nam.dak zhing.la
 chö.par.shok

This ground, anointed with perfume,
 strewn with flowers, adorned with
 Mount Meru, the four continents, the
 sun and the moon. Imagined as a
 Buddha land and offered to you; may
 all beings enjoy this pure land.

INNER MANDALA OFFERING

da.gi cha.dang mong.sum
 kye.pe.yul
 dra.nyen bar.sum lu.dang
 long.cho chay
 pang.pa may.par bul.gyi
 leg.zhe.nya
 dug.sum. rang.sar drol.war
 jin.gyi.lob

Please enjoy and bless me and all
 sentient beings to be released from the
 three poisonous minds, for I am
 offering without attachment my body,
 enemy, friend and stranger, and all
 possessions which are the object of
 my greed, ignorance and hatred.

SENDING OFF...

IDAM GURU RATNA MANDALA
 KAM NIRYA TAYAMI

I send forth this jewelled mandala to
 you precious gurus.

MANDALA INSERTS

INSERT FOR SHAKYAMUNI

BUDDHA

che.pay päl.den la.ma dam.pa
 nam.dang kyä.par du.yang
nyam.me shak.yai gyal.po
lha.tsog kor.dang chä.pa nam.la
 zhing.kam ul.war gyio

To my glorious, holy and most kind
 root Guru, the lineage gurus, and in
 particular *to the Victor of the*
Shakya clan, and the entire
assembly of deities,
 I offer these as a Buddha-field.

INSERT FOR GURU PUJA

che.pay päl.den la.ma dam.pa
 nam.dang kyä.par du.yang
la.ma lo.zang tub.wang
dor.je chang chen.po lha.tsog
kor.dang chä.pa nam.la
 zhing.kam ul.war gyio

To my glorious, holy and most kind
 root Guru, the lineage gurus, and in
 particular *to the great lama Tsong*
Khapa, Buddha who is King of
Sages, Vajradhara, and the entire
assembly of deities,
 I offer these as a Buddha-field.

INSERT WITH A LAMA

PRESENT

che.pay päl.den la.ma dam.pa
 nam.dang kyä.par du.yang
yun.gyi ge-wai shin-ye chen.po
zhal nga.ne teg.pa chen.po
 sung.cho zab.mo zhu.wai yul.du
 zhing.kam ul.war gyio

To my glorious, holy and most kind
 root Guru, the lineage gurus, and in
 particular *[request suitable for any*
lama and any occasion],
 I offer these as a Buddha-field.



REQUESTING MANDALA

Leader only:

Zhin.kham bur.wa zhu

The whole group:

OM vajra bhumi AH HUM

wang.chen ser.gyi sa.zhi

OM vajra rekhe AH HUM

chi chag.ri kor.yug.gi

kor.wai u.su

ri gyäl.po ri.rab

shar lu.pag.po

lho dzam.bu.ling

nub ba.lang.chö

jang dra.mi.nyen

lu.dang lu.pag

nga.yab.dang nga.yab zhen

yo.dang dang.lam chog.dro

dra.mi.nyan.dang

dra.mi.nyan gyi.da

rin.po.che ri.wo

pag sam.gyi shing

do.jöi ba

ma.mo.pa.yi lo.tog

kor.lo rin.po.che

nor.bu rin.po.che

tsun.mo rin.po.che

lön.po rin.po.che

lang.po rin.po.che

ta.chog rin.po.che

mag.pön rin.po.che

ter.chen.pö.yi bum.pa

geg.ma treng.wa.ma

lu.ma gar.ma

me.tog.ma dug.po.ma

nang.säl.ma dri.chab.ma

nyi.ma da.wa

rin.po.che dug

chog.la nam.par

gyäl.wa gyal.tsen

u.su lha.dang mi.yi päl.jor

pun.sum tsog.pa

ma.tsang.wa me.pa

tzang.zhing yi.du ong.wa di.dag

dring.chen tsa.wa

dang.gyur.par

che.pay päl.den la.ma dam.pa

nam.dang kyä.par du.yang

yun.gyi ge.wai shin.ye chen.po

zhal.nga.ne teg.pa chen.po

sung.cho zab.mo zhu.wai yul.du

zhing.kam ul.war gyio

tug.je dro.we dön.du zhe.su söl

zhe.ne kyang dag.sog dro.wa

mar.gyur nam.ke ta.dang

nyam.pe sem.chan tam.che.la

tug.tse.wa chen.pö go.ne

jin.gyi lab.tu söl

SHORT MANDALA

sa.zhi pö.kyi j'uk.shing

me.tok tram

ri.rap ling.zhi nyi.dä

gyän.pa di

sang.gyä zhing.d'u mik.te

ül.war gyi

dro.kün nam.dak zhing.la

chö.par.shok

REQUESTING TO TEACH

je.tsun lama dam.pa ky.nam kyi
 cho.ku ka.la kyen.tse trin.trig ne
 ji.tar tsam.pe dul.je dzim.ma la
 zab.gye cho.kyi char.pa bab.tu sol

IDAM GURU RATNA MANDALA KAM
 NIRYA TAYAMI

REFUGE AND BODHICITTA

Sang.gye cho.dang tsog.kyi chog.nam la
 Jang.chub bar.du dag.ni kyab.su chi
 Dag.gyi cho.nyen gyi.pay so.nam kyi
 Dro.la pan.chir sang.gye drub.par shog

THANKSGIVING MANDALA

Leader only:

Zhin.kham bur.wa zhu

The whole group:

OM vajra bhumi AH HUM

wang.chen ser.gyi sa.zhi

OM vajra rekhe AH HUM

chi chag.ri kor.yug.gi

kor.wai u.su

ri gyäl.po ri.rab

shar lu.pag.po

lho dzam.bu.ling

nub ba.lang.chö

jang dra.mi.nyen

lu.dang lu.pag

nga.yab.dang nga.yab zhen

yo.dang dang.lam chog.dro

dra.mi.nyan.dang

dra.mi.nyan gyi.da

rin.po.che ri.wo

pag sam.gyi shing

do.jöi ba

ma.mo.pa.yi lo.tog

kor.lo rin.po.che

nor.bu rin.po.che

tsun.mo rin.po.che

lön.po rin.po.che

lang.po rin.po.che

ta.chog rin.po.che

mag.pön rin.po.che

ter.chen.pö.yi bum.pa

geg.ma treng.wa.ma

lu.ma gar.ma

me.tog.ma dug.po.ma

nang.säl.ma dri.chab.ma

nyi.ma da.wa

rin.po.che dug

chog.la nam.par

gyäl.wa gyal.tsen

u.su lha.dang mi.yi päl.jor

pun.sum tsog.pa

ma.tsang.wa me.pa

tzang.zhing yi.du ong.wa di.dag

dring.chen tsa.wa

dang.gyur.par

che.pay päl.den la.ma dam.pa

nam.dang kyä.par du.yang

yun.gyi ge.wai shin.ye chen.po

zhal.nga.ne teg.pa chen.po

sung.cho zab.mo zhu.wai yul.du

zhing.kam ul.war gyio

tug.je dro.we dön.du zhe.su söl

zhe.ne kyang dag.sog dro.wa

mar.gyur nam.ke ta.dang

nyam.pe sem.chan tam.che.la

tug.tse.wa chen.pö go.ne

jin.gyi lab.tu söl

SHORT MANDALA

sa.zhi pö.kyi j'uk.shing

me.tok tram

ri.rap ling.zhi nyi.dä

gyän.pa di

sang.gyä zhing.d'u mik.te

ül.war gyi

dro.kün nam.dak zhing.la

chö.par.shok

THANKSGIVING

je.tsun la.me ku.tse rab.ten ching
nam.kar trin.le chog.chur gye.pa dang
lo.sang ten.pe dron.me sa.sum gyi
dro.we mun.sel tag.tu ne.gyur chig

IDAM GURU RATNA MANDALA KAM
NIRYA TAYAMI

DEDICATION PRAYERS

SYMBOLISM OF THE MANDALA

PREPARING THE BASE

Clockwise direction, clean away all obscurations and negativities; push away or abandon them. Visualise mandalas of air, wind, water and earth, piled one on top of the other. Wiping the base is wiping the earth mandala, cleaning the impurities of the world and the stains in the continuums of sentient beings. Can take a while doing this...

Anti-clockwise direction, towards us 3 times, we receive the blessings of body, speech and mind of the Buddha. Remembering the objects we are making offerings to. Visualise this brings forth all positive things and virtues in the world. Putting the grains also symbolises prostrations.

VAJRA GROUND

Vajra ground: mighty golden ground. First blue wind mandala, then white water mandala, and on top of that powerful golden earth mandala. All round and flat.

OM AH HUM is a blessing. “Primordial wisdom of bliss and emptiness of the three indivisible vajras arising in the aspect of the [earth element].”

Vajra fence: the iron mountains around the periphery.

7 golden mountains rise up and encircle Mt. Meru (Holding a yoke, Holding the handle of a plough, Supported by lions, beautiful to look at, Horse’s nose, Great obeisance, and Periphery)

Ocean possessing the 8 qualities (clear, cool, refreshing, smooth, tasty, good for the throat, and doesn’t harm the stomach)

Mount Meru: king of mountains. Is square, the four sides each of a different colour made of precious material. East is silver, west is ruby, north is gold and south is blue, lapis lazuli, sapphire, azure. That is why the sky is blue in our world. Mt. Meru is half above and half below water, surrounded by oceans. Very rich nagas living in these oceans. At the top are protrusions in the 4 intermediate directions, and in the centre is the city Beautiful to look at, in the centre of which is the abode of the 33 gods.

THE CONTINENTS AND SUB-CONTINENTS

Western continent is rich in cows. Red, round, ruby.

Eastern continent, people become 2 bodies (?). White, odd shape, diamond.

Southern continent, fruit of Jambu tree makes ‘jambu’ sound when it falls into the water. Blue, triangular, sapphire.

Northern continent, 7 days before death, hear unpleasant sound. Yellow, square, gold

8 Sub-continents: shaped same as the 4 continents, only smaller.

4 PRECIOUS OBJECTS

Lupagpo (east) has a **treasure mountain**, which is a huge pile of jewels and precious gems (ruby, sapphire, emerald, diamond, pearl, coral)

Dzambuling (south) has a **precious tree**. Made of seven precious substances (golden roots, silver trunk, lapis lazuli branches, crystal leaves, red pearls for flowers, jade petals and diamond fruit). The tree fulfils your every desire, exactly as you would wish (clothes, implements etc). Rustle of its leaves tells the 4 seals of Dharma. We can't see it due to our karmic misfortune, but it grows near Dzambuling. It grows in the sky near the face of Mt. Meru, into the god realms. The gods get the fruit, while the demi-gods only get the trunk, so they are always at war (jealous gods).

Balangcho (west) has a **precious cow**; diamond horn, sapphire hoof, inestimable tail as if made from a wish-fulfilling tree, urine and droppings are gold. Inexhaustible source of whatever one wants (rice, milk etc)

Draminyan (north) has **uncultivated crops** in the form of huskless rice. It is a constant food source that doesn't require tending. It grows back over-night and if you pick the crops in the morning, by the afternoon they are grown back. Colour, taste and nutritional value excellent.

7 PRECIOUS EMBLEMS (7 FACTORS OF ENLIGHTENMENT)

Inestimable Wheel (khorlo rinpoche) Mindfulness. With the power to lead the 4 great kings with the 4 branches of an army of the Chakravartin. Made of gold from the Jambu river. 1,000 spokes, like the sun in beauty and emission of light rays. Rises into the sky, can travel upon such a road for a day.

Inestimable Jewel (norbu rinpoche) Joy. Can give rise to all the intentions in one's mind, prevent untimely death and infectious disease. Made of blue lapis lazuli, hexagonal, emits light rays of 5 colours as bright as the sun. When it's hot, the rays are cooling, when its cold, the rays are warm.

Inestimable Queen (tsunmo rinpoche) Tranquillity/pliancy. 8 qualities (agreeable mind, gives birth to many sons, of similar class, high status, no jealousy towards other women, no idle speech, no wrong views, if without home or kitchen, will not fall under the power of sense objects). Appealing form, beautiful to look at. Smells nice, gives supreme pleasure with her touch. She can eliminate mental sorrows, hunger, thirst of beings in whatever land she dwells. Without the 5 faults of women (competitiveness, miserliness, attachment to inappropriate things, enjoyment of dwelling in inappropriate places, delight of killing in the kitchen).

Inestimable Minister (lonpo rinpoche) Concentration. Head of the household possessing the divine eye, and clarity of mind for both Dharma and politics. He increases and stabilises wealth, protects with loving-kindness and compassion, makes all beings happy, no deceit or maliciousness.

Precious Elephant (langpo rinpoche) Wisdom. Can wage war in 3 places (water, land and space), victorious over legions of enemies. White and has 6 tusks, knows all his riders thoughts and can be lead simply by rubbing him. Does not harm other beings and goes slowly so as not to disturb his rider. Empty of "ordinary elephantness" and can circumambulate his continent 3 times in a day.

Precious Horse (tachog rinpoche) Energy. Vitality and lustre, no sickness. White, saddle and bridle made of divine jewels, can circumambulate a continent 3 times in a day without tiredness. Coat gleams like a peacock when sweating.

Precious General (magpon rinpoche) Equanimity/impartiality. Clever and skilled. 4 army divisions (regiments of elephant, horse, charioteer, foot soldier. Can turn back all acts of war that beset one's country. Abandoned harming others. Untiring, cannot be discouraged, knows the kings thoughts.

Plus the ...

Great Treasure Vase (terchenpo I Bumpa) full of any treasure one may desire, made of gold, encrusted with jewels. Round belly, long neck, drooping lip, flat base. Decorated with wish-fulfilling tree and divine cloth on its handle.

8 GODDESSES (2 ARMED)

(gegma) white, goddess of **sensuality**; wrathful fists hold 5 pointed vajras. All different colours, very beautiful. They dance and sing and carry the different things they are offering.

(trewgama) yellow, goddess of **garlands**; garland precious vajras bestowing empowerment on all offering objects.

(luma) red, goddess of **song**, holding vajra representing a lute which she plays.

(garma) goddess of **dance**, legs and face white, neck and body red, , waist and arms blue, thighs light yellow, rest is blue. Hands hold 3 pointed vajra, dancing.

(metogma) yellow, goddess of **flowers**, vajras symbolising vessel for flowers and a rain of flowers.

(dugpoma) white, goddess of **incense**, holding incense offering vessel, and other hand wrathfully grasped in lifting mudra.

(nangselma) pink goddess of **light**, or clear appearance, right hand vajra symbolises wicks of butter lamps, left offers at heart level.

(drichabma) various coloured goddess of **perfume**, left holds conch of perfume at heart, right applies it.

THE SUN AND THE MOON

Sun disc (nyima) made of glass, warm rays eliminate gross and subtle darkness of continents. On top is a golden horn, stairs of precious substances, fire-cleaned earth, and a peak on which the children of gods sing, dance and play. Imagine as inner and outer characteristics.

Moon disc (dawa) cool rays eliminate gross darkness of the continents. On top is same as for the sun. They also represent wisdom and conventional Bodhicitta when together.

AUSPICIOUS SYMBOLS

Precious **Umbrella** (rinpoche dug), protection. White, made of divine substances, jewelled handle, 1,000 gold spokes, lapis lazuli tip, pearl ornaments.

Victory Banner (chogle nampar gyalwai gyaltsen) is one of the terms used to describe a Buddha. Conquering suffering. Offering this creates auspicious conditions for you to attain the state of a victor. Has the 3 auspicious animals on it. On tip of handle is half moon and precious vajra. On 3 layers of divine silk are many small golden bells that give a pleasant sound.

Wheel of Dharma represents all most precious possessions of gods and humans without exception (37 & 23 heaps) or the top of mount Meru (7 heaps). Goes on top of everything because the Dharma will help us transcend the world.

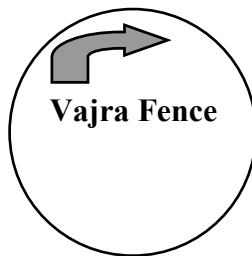
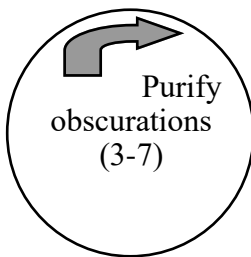
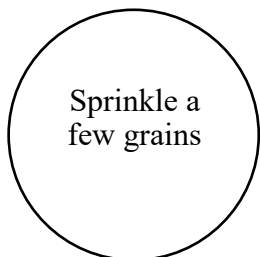
OFFERING IT

Offer to the **guru**, in form of Buddha/deity/LTK, the buddhas and bodhisattvas all around, make this offering to them, everything you hold dear and precious, especially the Dharma on top.

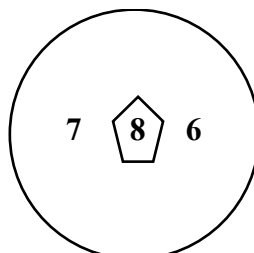
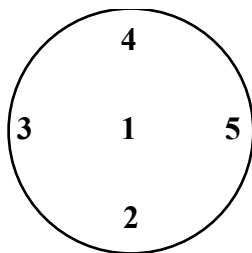
If you can remember **emptiness** (why the whole thing works – karma and dependent origination) and a Bodhicitta motivation, even better!

MANDALA OF 7 HEAPS

PREPARING THE BASE:

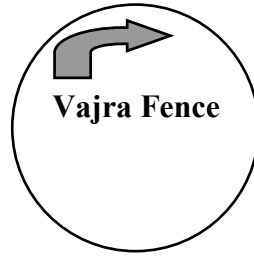
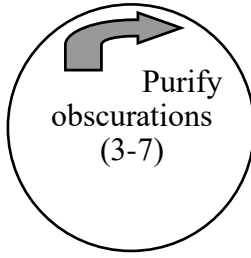


TOP RING:

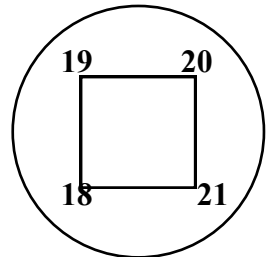
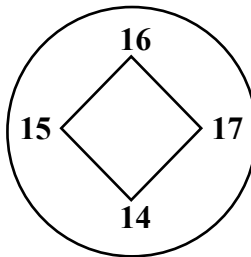
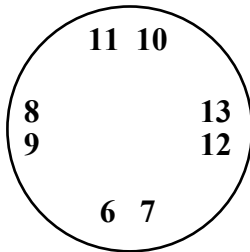
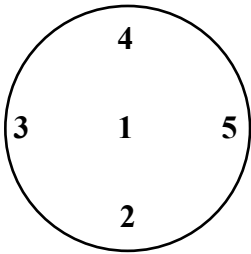


MANDALA OF 23 HEAPS

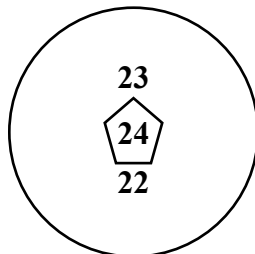
PREPARING THE BASE:



FIRST RING:



TOP RING:



TARA MANDALA OF 23 HEAPS

OM vajra bhumi **AH HUM**

Wang.chen ser.gyi sa.zhi

OM vajra rekhe **AH HUM**

chi chag.ri kor.yug.gi kor.wai

1 u.su ri gyäl.po ri.rab

2 shar lu.pag.po

3 lho dzam.bu.ling

4 nub ba.lang.chö

5 jang dra.mi.nyen

6&7 lu.dang lu.pag

8&9 nga.yab.dang nga.yab zhen

10&11 yo.dang dang.lam chog.dro

12 dra.mi.nyan.dang

13 dra.mi.nyan gyi.da

14 Shar.du lang.po rin.po.che

15 Lhor.kyin.dag rin.po.che

16 Nub.tu.ta rin.po.che

17 Jang.du tsun.mo rin.po.che

18 Shar.lhor mag.pon rin.po.che

19 Lho.nub.tu khor.lo rin.po.che

20 Nub.jang.du nor.bu rin.po.che

21 Jang.shar du.ter chen.poi bum.pa

22 Nang.gi shar.du nyi.ma

23 nub.tu da.wa

24 Dag.zhan lu.nag yi.sum

long.cho dus.sum ge.tsog cha

Rin.chen mandala zang.po

kun.zang cho.pai tsog.cha pa

Lo.yi lang.ne la.ma yi.dam

kon.chog sum.la bul

Thug.jei wang.gi zhe.ne dag.la

jin.gyi lab.tu sol

OM vajra ground AH HUM, mighty

golden ground. OM vajra fence AH

HUM, the iron fence around the

edge. In the centre is Mount Meru,

the king of Mountains,

In the east the continent of Lupapo,

In the south Dzambuling,

In the west Balangcho,

In the north Draminyan.

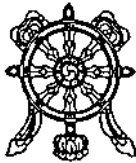
In the east are the sub-continents Lu and Lupang, in the south Ngayab and Nyayab-zhan, in the west Yodan and Lamchog-dro, in the north Draminyan and Draminyan-gyida.

In the east the precious elephant, the south the precious housekeeper, the west the precious horse, the north the precious queen.

In the southeast the precious general, The southwest the precious wheel, The northwest the precious jewel, The northeast the great treasure vase.

In the east, the sun,
In the west, the moon.

My own and other's body, speech and mind, wealth and virtues of the three times, this pure precious mandala and a mass of Samantabhadra offerings, I mentally offer to my guru-yidam and the Three Precious Ones. Please accept them through compassion and bestow your inspiration.



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